



## PIERRE ELLIOTT TRUDEAU HIGH SCHOOL E-NEWSLETTER

*February 5, 2021*

### **Contact Us:**

Ms. L. Wargo, Principal (校长),

[lisa.wargo@yrdsb.ca](mailto:lisa.wargo@yrdsb.ca)

Ms. A. Syed, Vice Principal (副校长) -

Students with last name M - Z

[ayesha.syed@yrdsb.ca](mailto:ayesha.syed@yrdsb.ca)

Mr. R. Zoratto, Vice Principal (副校长) -

Students with last name A - L

[ron.zoratto@yrdsb.ca](mailto:ron.zoratto@yrdsb.ca)

To send a message to our School Council click here:

[pierre.elliott.trudeau.hs@sc.yrdsb.ca](mailto:pierre.elliott.trudeau.hs@sc.yrdsb.ca)

Follow us on (跟随我们) Twitter [@trudeauhs](https://twitter.com/trudeauhs) or  
Instagram [@trudeauhs](https://www.instagram.com/trudeauhs)

Superintendent (校区监督)

Clelia Della-Rovere

[clelia.della-rovere@yrdsb.ca](mailto:clelia.della-rovere@yrdsb.ca)

Trustee (受托人)

Ron Lynn

[ron.lynn@yrdsb.ca](mailto:ron.lynn@yrdsb.ca)



### **Semester 2 Schedule**

Block 1:	8:15 am - 9:30 am
Block 2:	9:35 am - 10:50 am
Lunch Break:	10:50 am - 12:15 pm
Block 4:	12:15 pm - 1:30 pm
Block 5:	1:35 pm - 2:50 pm

**90 Bur Oak Avenue, Markham, Ontario, L6C 2E6**

**Telephone: 905.887.2216, Fax: 905.887.7783**



## WEEK OF: FEBRUARY 8, 2021

<b>Monday, Feb., 8</b>	<i>From Feb 4-12: Students will follow a semester schedule and will attend their classes online in 75 minute periods with a five minute break between the morning and afternoon periods. A common lunch break will occur after period 2</i>  Block 1: 8:15 am - 9:30 am Block 2: 9:35 am - 10:50 am Lunch Break: 10:50 am - 12:15 pm Block 4: 12:15 pm - 1:30 pm Block 5: 1:35 pm - 2:50 pm
<b>Tuesday, Feb., 9</b>	All classes online
<b>Wednesday, Feb., 10</b>	All classes online
<b>Thursday, Feb., 11</b>	All classes online
<b>Friday, Feb., 12</b>	All classes online

## LOOKING AHEAD:

<b>Monday, Feb., 15</b>	<i>Family Day Holiday—No school</i>
<b>Tuesday, Feb., 16</b>	<b>School will re-open to students for F2F (Face-to-Face) on Tuesday, February 16 following the Family Day long weekend. Rotation schedule TBD</b>
<b>Wednesday, Feb., 17</b>	TBD
<b>Thursday, Feb., 18</b>	TBD
<b>Friday, Feb., 19</b>	TBD

# School News

## Yearbooks

To all Grade 12 students and parents & guardians of the graduating class: the Yearbook committee wanted to remind this year's grads to submit their grad portraits, quotes, and pictures! Please follow the link for more information and specific links.

[pethsgrads21.carrrd.co](https://pethsgrads21.carrrd.co)

Grad Portraits, Quotes, and Baby Pictures: January 8th @ 11:59PM

Grad Section Submissions: January 31st @ 11:59PM

Grad Polls: February 12th @ 11:59PM

If you have any questions or concerns, please feel free to contact us through email at [trudeauyrbk@gmail.com](mailto:trudeauyrbk@gmail.com).



Have a great winter break and stay safe!

## Yearbooks

For those of you who haven't yet purchased your yearbook for the 2020-2021 school year, school cash online will be closing on **February 8th!**

**This is your last chance to purchase a yearbook- Don't! Miss! Out!**

**For more information contact: [trudeauyrbk@gmail.com](mailto:trudeauyrbk@gmail.com) attn: Aeris**

*Yearbook -- memories worth keeping...*

**York Region Public Health COVID questions  
Health connection line at 1-800-361-5653**

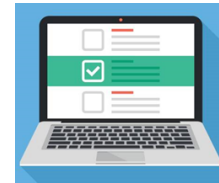


## Student Reminders

Reminders!

- School doors will open at 8:00 am
- Students must wear a mask at all times
- If your child forgets their mask, we have some available in the main office
- Before your child leaves the house, ensure they perform a self health check (see below), if your child is not feeling well they will stay home

Thank you for helping to keep us all safe!



## COVID-19 Self Screening Link

The Ministry has created a COVID-19 online self-check tool for students to screen themselves before coming to school – please go to this [link](#) to complete a COVID-19 school screening.

Important  
Dates

## PETHS School Council Dates - 2021

Thursday, February 18, 2021

Thursday April 22, 2021

Thursday, May 20, 2021

## ***Request to Change Cohort***

We are now accepting requests from students requiring a change to their semester 2 cohort for the Adaptive Learning Module. Students may request a change for the following reasons;

- to have siblings in the same cohort;
- to have students residing in the same household in the same cohort or for carpooling.

Please complete the link below and complete the form to request a change.

To determine your child's cohort please look at the last 2 digits of the course code in TeachAssist (Cohort A = 1-15 and Cohort B = 70 -84)

**[Request to change cohort form](#)**

## Message from Our Trustee

Dear families,

I hope that you and your families are healthy and doing well. I want to thank all of our students, families and staff members for their flexibility, patience and perseverance during the school closures. We understand that the pandemic is creating challenges and hardships, and we will continue to prioritize and do our very best to support the well-being, learning and achievement of our students during these difficult times.

There are resources on the Board website that students and families may find helpful, including tips for speaking with your child about COVID-19, support using technology, community and mental health resources and more at [www.yrdsb.ca/school-reopening](http://www.yrdsb.ca/school-reopening).

One of our [priorities](#) as a Board of Trustees is to Champion Equity and Inclusivity: we aim to develop the knowledge, skills and attitudes to remove barriers in support of all learners.

## Anti-Black Racism

We want each and every one of our students to know that they are valued, welcome, safe and respected in our schools. We know that sadly that is not the reality for some students and that incidents of anti-Black racism continue to occur in our community and our schools. These incidents cause pain, make our students feel unsafe and affect their well-being and achievement. This is not acceptable.

In the coming weeks, we will be sharing information and inviting you to participate in the *Dismantling Anti-Black Racism Strategy: Creating anti-racist and Black affirming learning and working environments* virtual event. During this event we will be unveiling our Anti-Black Racism Strategy, which was developed in coordination with families, students, community partners, educators and members of our senior leadership team. The strategy was developed in response to continued evidence of anti-Black racism, and it will be a critical tool to support positive change in the system and to improve the experiences of Black students and staff.

A series of training sessions, webinars and opportunities for learning will also be made available. Future communication will provide registration options.

I want to thank the members of the Anti-Black Racism Committee for generously giving their time, sharing their difficult experiences and their voice. We are committed to ensuring that this strategy is more than a piece of paper and are committed to doing the work to create more equitable learning environments.

I also want to acknowledge that February is Black History Month, and while we take this opportunity to highlight and celebrate the incredible contributions made by Black Canadians, we will also be looking forward to launching our Dismantling Anti-Black Racism Strategy. We will also be continuing our [celebration of Black excellence](#) in our community and I encourage you to take the time to read the stories of some of the inspiring individuals learning and working here in York Region.

We all have a role to play in creating a community that enables everyone in it to thrive, and in doing this work, we will create a more inclusive and positive environment for *all* of our students and families.



**Black History Month**

# **STANDING ON STRONG SHOULDERS**

**FEB  
1-28  
2021**

**Join us for an  
exciting lineup  
of virtual  
activities!**

**FEATURING:**

Flag Raising Ceremony, Reception,  
Panel Discussion, Music, Guest  
Author, Ujamaa Black-Owned  
Marketplace and more!

**Visit [newmarket.ca/blackhistory](https://newmarket.ca/blackhistory)  
for complete schedule, activities  
and to register.**

**NACCA**  
est.2018

[naccacommunity.ca](https://naccacommunity.ca)

 [@nacca\\_newmarket](https://www.instagram.com/nacca_newmarket)

 [@nacca.ne](https://www.facebook.com/nacca.ne)

 [@NaccaNewmarket](https://twitter.com/NaccaNewmarket)





York Region Alliance of African Canadian Communities  
Presents



BLACK HISTORY

SANKOFA: INSPIRATION FROM THE PAST TO ENLIGHTEN THE  
PRESENT AND THE FUTURE

# Annual *Black History* Month Event

**Date:** Saturday, February 13, 2021  
**Time:** 11:00am – 2:00pm

**Keynote Speaker:**

**Dr. Bettina Love**

Living A Hip Hop & Abolitionist Life:  
Creativity, Hip Hop Civics Ed  
and Black Joy

**Afrocentric  
Entertainment**

## **Breakout Sessions / Workshops:**

- ✦ The History of Drumming
- ✦ Celebrating Black Canadian Innovation
- ✦ Black Health Matters:  
caring for yourself inside and out
- ✦ Youth and Children Workshop

**Venue:** Virtual Event

**Registration:** via Eventbrite **at:** [bit.ly/YRAACCBHM2021](https://bit.ly/YRAACCBHM2021)

**Visit** [www.yorkregionaacc.ca/events](https://www.yorkregionaacc.ca/events) **for more details.**

**For more information:**

Ann Marie Campbell (647) 280-9879

[Info@yorkregionaacc.ca](mailto:Info@yorkregionaacc.ca)







The Association of Black Law Enforcers (A.B.L.E.) created its Scholarship Program to commemorate the contributions of Rose Fortune (1774-1864) and Peter C. Butler III (1859- 1943) – the first Black police officers in Canada. By awarding scholarships, A.B.L.E. assists Black and visible minority students in achieving their educational and career aspirations.

A.B.L.E. is committed to ensuring that the criminal justice system is reflective of the entire Canadian mosaic, by providing opportunities for our young people to serve, protect, and correct.

Please share the following information with graduating Students accepted at a designated educational institution that may be interested in this scholarship opportunity:

[Application Form](#)

[Candidate Letter](#)

[Selection Criteria](#)

Application deadline has been extended to March 22, 2021 at 5:00pm.

For any questions, students may contact the Scholarship & Awards Committee Chair at

[ablescholarship@gmail.com](mailto:ablescholarship@gmail.com).

## Building Social Skills Guide

Social skills like taking turns, decision making, greeting, self regulation and more, can help prepare students for success in many areas of their lives. There are many ways children can learn these skills, and many ways adults can help to develop and nurture them.

York Region District School Board has developed a user-friendly guide full of tips, resources and ideas to help caregivers and other adults:

- Determine what social skills to teach
- How to teach them
- How to support any child who many benefit from direct instruction and practice in learning social skills.

[Play. Talk. Think. Feel: A User-Friendly Guide for Building Social Skills in Children](#) covers a wide variety of skills and includes a number of activities, games, resources and more that can be used by family members, caregivers, educators and others to support social skill development.



## FREE Triple P Parenting virtual sessions available for parents in Ontario

Please share widely to all parents of children 2-10yrs and teens 11-16yrs.

Click this link to see full free session listings

<https://www.triplep-parenting.ca/ont-en/find-help/find-a-session/>





# Let's Talk:

## Addressing Mental Health in Canada

According to the Mental Health Commission, on any given week, more than 500,000 Canadians are unable to go to work due to mental health problems. In light of these sobering statistics, Let's Talk Day helps erase the stigma surrounding mental health and make it easier for people to get help.

Although mental illness is a topic that touches virtually every life, many people are reluctant to talk about it. Let's Talk Day promotes awareness and action with a strategy built on four pillars:

- Fighting the stigma
- Improving access to care
- Supporting world-class research
- Leading by example in workplace mental health

For 2021, Let's Talk Day is held on January 28, 2021, and adopts the theme of Mental Health: Every Action Helps.

In addition to bringing mental illness out of the shadows, the campaign funds mental health initiatives across Canada. For more information on resources to support your mental health, contact our Employee and Family Assistance Program, ComPsych® GuidanceResources, at the contact information below.

## Here when you need us.

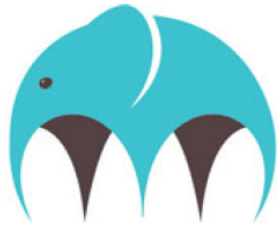
Call: 855-498-9420

TTY: 877.373.4763

Online: [guidanceresources.com](https://guidanceresources.com)

App: GuidanceNow<sup>SM</sup>

Web ID: YRDSB



# Parents for Children's Mental Health

SUPPORT. EDUCATE. EMPOWER.

**Monday, February 22, 2021 6:30 pm - 8 pm**

**5<sup>th</sup> anniversary of this Chapter!!!**

*PARENTS' Support Group-All are welcome!*

## **VIRTUAL MEETING**

### **Guest Panel: Social Media: Positive Use during COVID-19**

Does your child's anxiety, ADHD, mood disorders, learning disability, or behaviour challenges make parenting difficult? Join us...

PCMH Chapter Support is inviting you to a scheduled Zoom meeting.

Topic: Aurora York PCMH Chapter 5th ANNIVERSARY Meeting

Time: Feb 22, 2021 06:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://zoom.us/j/94001101367?pwd=VFpTbGJQTUeUeWJkMzk2cUIBaWhzQT09>

Meeting ID: 940 0110 1367

Passcode: 403748

One tap mobile

+14388097799,,94001101367# Canada

+15873281099,,94001101367# Canada

Dial by your location

+1 647 374 4685 Canada

+1 647 558 0588 Canada

Meeting ID: 940 0110 1367

Find your local number: <https://zoom.us/u/adEPMYilmr>

### **Benefits of PCMH Support Group:**

- meet other parents with children who have similar challenges
- find encouragement and emotional support
- learn strategies to help your child or youth at home/school
- learn how to access resources in the community

PCMH is the only provincial, family-led, non-profit organization that provides a voice for families who face the challenges of child and youth mental health issues. PCMH provides support, education, and linkage between families, communities, agencies and government. PCMH believes in the promotion of family-centred principles of care. PCMH envisions a future in which children and youth with mental illness enjoy a high quality of life in welcoming and supportive communities. For more information and resources, please visit [www.pcmh.ca](http://www.pcmh.ca).

**Next Meeting: Monday, March 22<sup>nd</sup> at 6:30 pm – 8 pm. Topic to be announced next flyer**





## **The Alliance of Educators for Black Students AFFIRMING #BLACKJOY STUDENT CAMPAIGN**

The Alliance of Educators for Black Students (AEBS) continues in their affirmation of Black students through an #AffirmingBlackJoy Student campaign. Dismantling anti-Black racism means addressing the ideas, systems and practices that create limiting representation and expectations of Black students and their potential for success. Celebrating and affirming Black joy is the antithesis of anti-Black racism - "Joy is our resistance."

Please join us in changing the narrative. In recognition of Black History Month, AEBS is hosting an opportunity to highlight and honour the achievements of Black students at the York Region District School Board (YRDSB). By affirming Black students through such initiatives, you are contributing to building a positive anti-racist learning environment in the YRDSB.

**How can you affirm Black students and foster a sense of belonging? You can nominate and recognize a student(s) through the Affirming #BlackJoy Student Campaign by:**

- Highlighting students who are succeeding academically;
- Highlighting students who are pursuing their own adventures in coding, business, finance, athletics, entrepreneurship, etc.; and/or
- Highlighting and celebrating the advocacy of a Black student led group or initiative taking place in a YRDSB school.

Please submit nominations using our [Submission Form](#).

### **STUDENT SELF-NOMINATION**

If you are a YRDSB student and would like to nominate yourself, please do so by submitting a reflection in the format of a poem, song, video blog or alternative media file type answering the following question(s): "*What does Black Joy mean to you? How are you choosing or affirming Black Joy this Black History Month and beyond?*" Please keep submissions under 3 minutes.

### **CRITERIA**

We are selecting students who embrace the following as part of their identity:

- Students who are racialized Black and/or self-identify as Black (including biracial or multiracial students);
- Students from Kindergarten to Grade 12 (K-12).

All nominations and submissions are **due Friday, February 12, 2021 at 11:59 p.m.** Please note that selected students under the age of 18 will need to have media consent and release form completed by a parent or guardian. Please see the [nomination form](#) for further details.

If you have any questions, please contact Mr. Jaymyi Lesmond at [jaymyi.lesmond@yrdsb.ca](mailto:jaymyi.lesmond@yrdsb.ca)



# SPEAKER'S IDOL 2021

CHANGING THE WORLD, ONE SPEECH AT A TIME

Speeches Due:  
Friday, March 12, 2021



GRADE 6-12 STUDENTS, HERE IS YOUR CHANCE TO BE HEARD!

Prepare a 3-minute speech sharing your thoughts on how to make positive change while commenting on Holocaust survivor Simon Wiesenthal's quote:

**"The history of humankind is the history of crimes and history can repeat. So information is a defense. Through this we can build, we must build, a defense against repetition."**



# MOBYSS VIRTUAL CLINIC

Even though the MOBYSS Bus is off the road for now,  
the team is still here for you.

Attend the Virtual Clinic to access free medical and  
counselling services in a confidential, virtual setting.

**When?** Thursdays, 3 P.M. to 5 P.M. starting Thursday, January 21, 2021

**Who?** Anyone between the ages of 12 and 25, living in York Region and South Simcoe

**What?** Free, confidential counselling and medical services

**NO HEALTH CARD NEEDED**

**To Attend:**

<https://cmha-yr.zoom.us/j/98702161280?from=addon>

Meeting ID = 987 0216 1280

Password = 869125 (not always required)

**For More Information:**

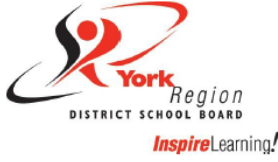
289-879-2376

[mobyss@cmha-yr.on.ca](mailto:mobyss@cmha-yr.on.ca)



**Canadian Mental  
Health Association**  
York and South Simcoe  
*Mental health for all*





# Understanding Gaming

了解游戏

認識電玩

கேமிங்கைப் புரிந்துகொள்வது

Join Our Conversation As We Explore Young People's Interest In Computer and Video Games Play

讨论孩子对计算机和视频游戏的兴趣

討論孩子對電腦及電子遊戲的興趣

கணினி மற்றும் வீடியோ கேம்களில் உங்கள் குழந்தையின்

ஆர்வத்தைப் பற்றிய விவாதம்

**Presented by:**

[Hong Fook Mental Health Association](#)

YRDSB Social Work Team

CEC East Performance Plus Team

Inclusive School And Community Services

**Date:** February 10<sup>th</sup>, 2021

**日期 :** 2021年2月10日

**தேதி:** பிப்ரவரி 10, 2021

**Time:** 10:30 am – 12pm or 7:00pm to 8:30 pm

**时间 :** 上午10:30 -下午12点或7:00 pm至8:30 pm

**時間 :** 上午10:30 -下午12:00 或 晚上7:00-8:30

**நேரம்:** காலை 10:30 - மதியம் 12 அல்லது இரவு 7:00 முதல் இரவு 8:30 வரை

[Registration](#)

[点击这里注册](#)

[點擊這裡報名](#)

[பதிவு செய்ய இங்கே கிளிக் செய்து](#)

**Registration Deadline:** February 5<sup>th</sup>, 2021 ; 報名截止日期/截止報名日期 : 2021年2月5日

பதிவு காலக்கெடு: பிப்ரவரி 5, 2021



FRIENDS OF



SIMON WIESENTHAL CENTER  
FOR HOLOCAUST STUDIES

# Virtual Equity Education Programs



FSWC's Education Team is proud to present meaningful online programming to better serve the needs of students, educators and parents during the Covid-19 pandemic. We know that right now, teachers are in a very difficult position, being asked to adapt and innovate their lessons while also keeping their students on track with curriculum expectations. Let us assist you by providing workshops, resources, lesson plans and activities to keep young learners engaged.

## Booking Workshops

All of our Education & Diversity workshops are now available virtually for your classroom. Contact us today to book your private workshops.

- Lessons and Legacy of the Holocaust
- Roots of Hate and Intolerance
- Leadership 101
- Genocide and the Power of Action
- Simon's Story: Heroes Among Us
- Digital Hate
- Women's Rights Are Human Rights
- Media Literacy, Propaganda and The Second World War

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5075 Yonge Street, Suite 902 | Toronto, ON | 416.864.9735 |  
education@fswc.ca | www.fswc.ca

## Human Rights @ Home

FSWC's Educators facilitate 1-hour virtual workshops for students, teachers and parents via Zoom on Mondays, Wednesdays and Thursdays from 3pm-4pm.

Workshop options:

- Lessons and Legacy of the Holocaust
- Digital Hate
- Roots of Hate and Intolerance



## In Conversation With..

Recorded conversations and interviews with Holocaust survivors and Rwandan Genocide survivors will be featured on our website and social media channels. Contact us for links to these educational tools.



## Human Rights Story Corner


Join us for a bi-weekly reading of a human rights based children's book. The stories will be read, recorded and posted with accompanying activity suggestions. The videos will be available on our website and social media channels. Contact us for links to these educational tools.





## Freedom Day

For the first year ever, the messages of inspiration and hope that teachers look forward to every September will be taking place in our most accessible event yet. In a special 2020 presentation, FSWC's Annual Freedom Day will be taking place in a virtual format, broadcast across Canada to our network of educators and supporters. This specially produced video will feature humanitarians, activists, and human rights leaders recognized nationally and beyond. In these challenging times, we are guided by the resilience, dedication, and hope of our namesake, Simon Wiesenthal, and we look forward to engaging with students in the safety and comfort of their homes and classrooms.

Contact us today to register for these programs. All programming can be tailored to your needs.

 [www.fswc.ca](http://www.fswc.ca)

 416-864-9735

 [education@fswc.ca](mailto:education@fswc.ca)

FRIENDS OF  SIMON WIESENTHAL CENTER  
FOR HOLOCAUST STUDIES





## 211 CENTRAL FACT SHEET

### What is 2-1-1?

211 is a free service that connects individuals and families with the complete range of government, health, community and social services in their communities.

### 211 Central Quick Facts:

- 211 can be accessed by:
  - Phone (Call 2-1-1 / Toll-Free Number: 1-877-330-3213 / TTY: 1-888-340-1001)
  - Online (Search [211Central.ca](https://211Central.ca) for Toronto, Peel and York Regions /
  - [Durham.211Central.ca](https://Durham.211Central.ca) for Durham Region / [211Ontario.ca](https://211Ontario.ca) for province-wide / [211.ca](https://211.ca) for nation-wide)
  - Text (Send an SMS to 21166 / Monday-Friday | 7am-9pm EST)
  - Live Chat ([211Ontario.ca/chat](https://211Ontario.ca/chat) / Monday-Friday | 7am-9pm EST)
  - E-mail ([gethelp@211Ontario.ca](mailto:gethelp@211Ontario.ca) / Monday-Friday | 7am-9pm EST)
- 211 is free, confidential and available 24/7 (even on holidays) in 150+ languages
- When you dial 2-1-1, the line is answered by certified Service Navigators who will help you navigate the complexities of the human services system quickly and easily
- **Contact 2-1-1 for information and referral to:**
  - Health Services & Mental Health Supports
  - Income Support & Financial Assistance
  - Food Banks & Meal Programs
  - Housing Help
  - Seniors Support Services
  - [and more...](#)

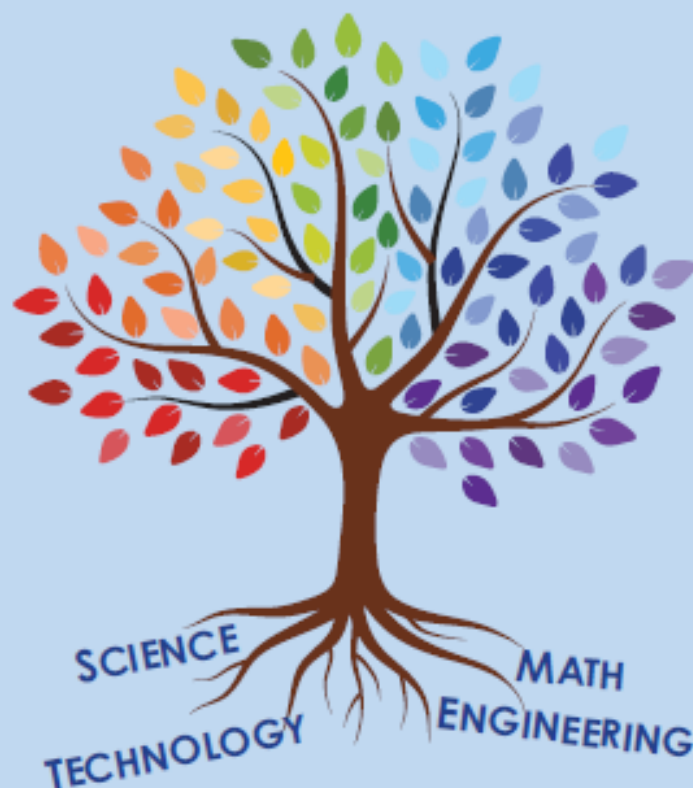
Next time you are facing a non-emergency situation or are seeking community help and don't know where to turn, remember to contact 211! Help starts here.

YORK REGION DISTRICT SCHOOL BOARD & SKILLS ONTARIO  
INVITE YOU TO AN INFORMATION SESSION ON

# STEM

THE ROOTS OF SKILLED TRADES AND TECHNOLOGY

TUESDAY, FEBRUARY 9, 2021 7:00 pm - 8:00 pm



We are inviting **ALL** YRDSB parents/guardians of YRDSB Elementary and Secondary students to join  
**York Region District School Board's Pathways Team & Skills Ontario**  
on **Tuesday, February 9, 2021 7:00 pm - 8:00 pm**  
to learn about careers related to STEM (Science, Technology, Engineering and Mathematics)  
as well as initiatives and resources available from Skills Ontario.

## GOOGLE STREAM

**\*Please note:** you will need to log into your child's YRDSB Gapps account  
to access the online webinar stream. **\*Register In advance:** [BIT.LY/YRDSB-STEM](https://bit.ly/YRDSB-STEM)

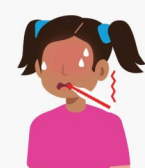






# PLEASE COMPLETE BEFORE ENTERING THE SCHOOL

## 1. Does your child have any of the following **new or worsening** symptoms?\*



**FEVER AND/OR CHILLS**  
(temperature of 37.8°C or greater)



**NEW OR WORSENING COUGH**



**SHORTNESS OF BREATH**



**DECREASE OR LOSS OF SMELL OR TASTE**

### IF "YES":

- Your child should stay home to isolate
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

## 2. Does your child have any of the following **new or worsening** symptoms?\*



**SORE THROAT OR DIFFICULTY SWALLOWING**



**RUNNY NOSE, OR NASAL CONGESTION**  
(unrelated to seasonal allergies or returning inside from the cold)



**HEADACHE**



**NAUSEA/VOMITING AND/OR DIARRHEA,**



**FATIGUE, LETHARGY, MUSCLE ACES AND/OR MALAISE**

### IF "YES" TO 1 SYMPTOM:

- Your child should stay home for 24 hours from when the symptom started
- Your child may return to school/child care if symptom is improving and they feel well enough (no test is needed)
- If the symptom persists or worsens, contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

### IF "YES" TO 2 OR MORE SYMPTOMS:

- Your child should stay home to isolate
- Contact your child's health care provider for further advice or assessment, including if your child needs a COVID-19 test or other treatment

## 3. Has your child travelled outside of Canada in the past 14 days?

☐ Yes ☐ No

## 4. Has your child been identified as a close contact of someone with COVID-19?

☐ Yes ☐ No

## 5. Has your child been instructed to stay home and self-isolate?

☐ Yes ☐ No

### IF YOU ANSWERED "YES" TO QUESTION 3, 4 OR 5:

Your child must stay home and self-isolate for 14 days from the date of their last travel or the dates of last contact with a case. Follow the advice of York Region Public Health.

\*Children who have an existing health condition identified by a health care provider that gives them the symptoms should not answer YES, unless the symptom is new, different or getting worse. Look for changes from your child's normal symptoms.

Stay safe. Stay Informed.  
york.ca/covid19

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**York Region**

## **Dual Credit College – Quick Reference Guide**



### **Who is eligible?**

- Students in grades 11 or 12, who have a flexible timetable, ie:  
Have an afternoon spare, are enrolled in Co-Op or PAE

### **What do we look for?**

Students with the potential to succeed falling into one or more criteria:

#### **Pathways:**

- is unsure of his or her pathway beyond secondary school
- is in need of career clarification
- sees little connection between secondary school and his or her preferred future

#### **Motivation:**

- was making progress earlier, but progress has slowed
- is demonstrating a decline in achievement or marks over time
- lacks confidence in his or her ability to succeed

#### **Disengaged:**

- displays a lack of involvement or engagement in school or community activities
- has had numerous absences
- has previously dropped out or is at risk of dropping out
- is out of school but is reluctant to return to secondary school for non-academic reasons

#### **Credit Count:**

- has fewer credits than average for his or her grade and is therefore not on track to graduate on time
- is older than other students in his or her grade

### **Benefits?**

- Earn 1 high school and 1 college credit simultaneously
- Have a wide variety of course choices appealing to a range of interests
- Learn independence, get a real post-secondary experience on a college campus and help with the transition from secondary to post-secondary education
- Tie in coursework (theory) to the Co-Op placement (practical) experience
- Free tuition, textbooks (if applicable) and transportation

### **How does a student apply?**

- Apply online via [www.yrdsb.ca/dualcredits](http://www.yrdsb.ca/dualcredits) and follow through with guidance counselor for timetable adjustment

### **More Info?**

- Speak with a guidance counselor for a listing of courses available or speak with Steph Parent [steph.parent@yrdsb.ca](mailto:steph.parent@yrdsb.ca) or David Lovisa [david.lovisa@yrdsb.ca](mailto:david.lovisa@yrdsb.ca) or Leo Scire [leo.scire@yrdsb.ca](mailto:leo.scire@yrdsb.ca) for a classroom/school presentation

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